



## Radiotherapy treatment in the abdomen

### Side effects

*The side effects mentioned may appear from the 2nd week of treatment but are not systematic.*

#### Side effects:

- Nausea is common, it appears 1 to 2 hours after the session and can last several hours.
- Loss of appetite is often associated.
- Depending on the location, diarrhea is possible, sometimes accompanied by abdominal cramps.

### Precautions to take

- ✕ Nausea and diarrhea can be prevented by appropriate drug treatment.
- ✕ Respect the dietary advice given by the service
- ✕ Drink 1.5 to 2 liters of drinks per day (water, coffee, herbal teas, soups, etc.).
- ✕ Make fractional meals to maintain your weight.

### For your comfort

- ✕ ? Choose loose-fitting underwear made of cotton or other natural materials.
- ✕ ? Avoid tobacco and alcohol consumption

As soon as an unexplained side effect appears, talk to the radiographer or your radiotherapist.

Apply all these recommendations from the first radiotherapy session and for 3 weeks after the last session